My Story: Introduction to Epidemiology  
- An Italian story from a Norwegian ginger

In October I attended the course “Introduction to Epidemiology”. The course was held at Universita Cattolica del Sacro Cuore in Rome and covered important epidemiologic topics with the aim to provide participants with insight into the principles and techniques used to produce and interpret epidemiologic data. The course was held by Kenneth J. Rothman and Vera Ehrenstein.

I attended this course because I was strongly encouraged by my supervisors to attend a course by Rothman during my phd period. Kenneth Rothman has focused his career on the development and teaching of the concepts and methods of epidemiologic research and authored two widely read epidemiologic textbooks: “Modern Epidemiology” and “Epidemiology: an Introduction”.

Although the course was titled “Introduction to Epidemiology” it was advanced on some important topics, particularly in relation to validity and causality. For instance, there were lectures covering propensity score matching, the influence of measurement error and how to perform additive interaction analyses. Thus, some basic knowledge of epidemiology and statistics is recommended, and you should bring your own laptop.

In my opinion, it was a good course. If you want to strengthen your epidemiologic thinking, this is the course for you 😊

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